



FITS **Sew**WELL
come be inspired!

Palmer/Pletsch
Certified Sewing Instructor



Yoga Pants and Leggings

--Palmer/Pletsch Workshop

Yoga pants and leggings are all the rage. Kick it up a notch and make a more fashionable pair that fits you! Learn to fit and sew a basic yoga pant or legging.

During this 2 day workshop, a Certified Palmer/Pletsch Sewing Instructor will guide you thru the process. You will:

- Learn about fabric choices and considerations
- Fit and alter a basic pant/legging pattern
- Discuss cutting and construction techniques
- Fabric fit and construct your pant/legging

If time permits, perfect your fit and make a second pair.

Knit pants can be fashionable – look and feel great!

Dates: Saturday – Feb 3, 10, 2018
9:00 – 4:30pm

Cost: \$140 + GST
\$30 – Kit Fee (available for purchase)

- Pattern paper
- ½” scotch tape
- Extra fine glass head pins
- Magnetic pin cushion
- 1” clear ruler

Excellent Ponte knit fabrics available in the studio

Skill Level: Basic sewing experience required

Location: McKenzie Lake S.E., Calgary