



FITS *Sew* WELL
come be inspired!

Palmer/Pletsch
Certified Sewing Instructor



Fit for Real People

Palmer/Pletsch Workshop

Do you love to sew but are frustrated because nothing seems to fit? Regardless of your body type you can get commercial patterns to fit and look 10 pounds thinner!

During this 3 day workshop, a Certified Palmer/Pletsch Sewing Instructor will guide you thru the fit process. You will:

- Determine your appropriate size
- Understand how your body differs from the basic sloper from which patterns are designed
- Determine what type of designs would flatter you
- Learn the Palmer/Pletsch FIT process: tissue-fit & fit-as-you-sew
- Tissue fit several commercial patterns
- Fabric fit at least one garment

Learn to fit commercial patterns with confidence!

Dates: Saturday – Oct 14, 21, 28, 2017
9:00 – 4:00pm

Cost: \$195 + GST (Fit pattern M7279 supplied)
\$30 – Kit Fee

- Pattern paper
- ½” scotch tape
- Extra fine glass head pins
- Magnetic pin cushion
- 1” clear ruler

Skill Level: Basic sewing experience required

Location: McKenzie Lake S.E., Calgary